

# IMPACT REPORT

2025



## DEAR FRIENDS OF CRT,

Looking back on CRT's challenging budget gap over the last year—driven by a drastic reduction in federal funding—we are filled with gratitude. Thanks to your generosity, CRT finished 2025 with a balanced budget and, most importantly, we fulfilled our promise to serve **not one child less**. You stood with us and made it possible for underserved children to receive critically needed mental healthcare and the joy and connection of Camp SOAR.

**In 2026, the federal funding landscape has not improved.**

For decades, federal grants made up more than half of CRT's operating budget. By the end of 2026, that support is expected to fall to zero. CRT's projected budget gap in 2026 tops \$300,000, the equivalent of 100 children who will go without care unless we can bridge this gap together. CRT is working urgently to expand private funding. **This is a critical transition period, and we cannot meet this moment without you!**

## HOW CAN YOU HELP?

**Continue standing with us.** If you are able, we hope you will consider increasing your giving in 2026. Your generosity fuels services that many children cannot access anywhere else. This is more than a donation; it is stepping up for kids at a moment when they need you most.

**Help us widen our community.** One of the most meaningful ways you can support the children we serve is by introducing CRT to new donors and funders. Your voice and your belief in this mission are powerful—and your network can help us close the growing gap.

Thank you for walking beside us. Thank you for believing in our mission. And thank you, in advance, for helping us ensure that in 2026—just like last year—we serve **not one child less**.

Linda Schwartz, PhD  
Chief Executive Officer

### Percent of Annual CRT Budget From Federal Grants

52% 2024

41% 2025

31% 2026

0%

PROJECTED  
2027

# LONG TERM **IMPACT** & SUCCESS

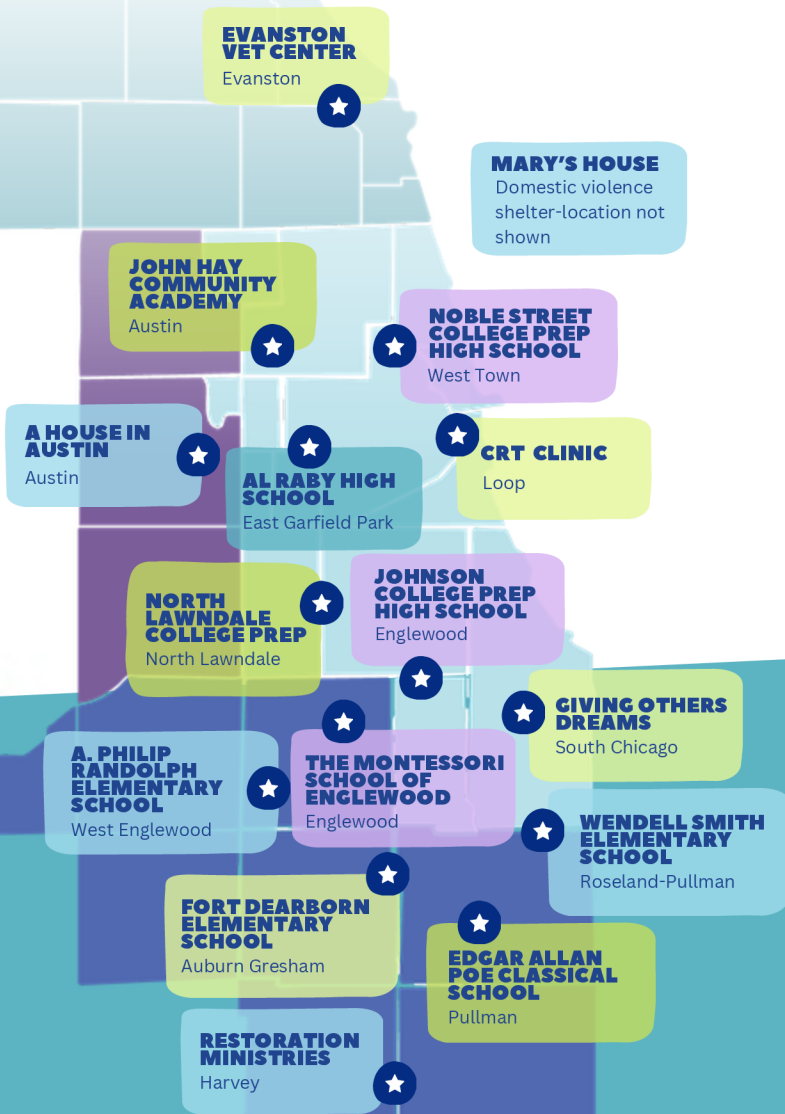
Sustained success means youth who faced chronic trauma can **thrive emotionally, academically, and socially** through consistent, effective mental healthcare for them and their families.

CRT's community-based behavioral health services foster environments that recognize trauma, prevent harm, and build resilience. Last year, CRT served 1,365 children and families and provided mental health related trainings for 805 parents, caregivers, and staff. Success is measured not just by data, but by transformation—youth who heal, families who stabilize, and communities that grow stronger and more equitable.




## COMPREHENSIVE MENTAL HEALTH SERVICES

At our Chicago Loop clinic and through **partnerships with 15 schools and social service organizations**, where clinicians are on-site to support children, parents, and staff, CRT provides an array of services:

- ✓ Individual, family, and group therapy
- ✓ Family and teacher/staff consultations
- ✓ Parent/caregiver and staff trainings
- ✓ Student Advisory Boards and Behavioral Health Teams
- ✓ Drop-in centers and crisis support
- ✓ Psychological/Medical evaluations



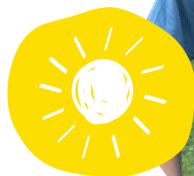
## THE RESULTS SPEAK FOR THEMSELVES

-  **84%** of youth improved behavioral and emotional functioning
-  **86%** of youth decreased trauma symptoms
-  **89%** of parents/caregivers decreased stress

## CRT SERVES VULNERABLE CHILDREN AND YOUTH

- 95%** Low Income
- 84%** Black and Latine
- 95%** Have Trauma Histories





## THE BEST WEEK OF THE SUMMER!

Camp SOAR is an **overnight summer camp for children and youth with developmental disabilities** that provides full-time support and a one-to-one counselor ratio for children who would not otherwise have the opportunity to attend camp. In July, we welcomed 96 campers supported by 130+ volunteer counselors and staff for two weeks of summer camp fun.

CRT raises at least \$1,400 for every camper who attends in order to keep the cost of camp affordable for all families.

## SIMPLY PUT, YOUR DONATIONS MAKE **CAMP SOAR HAPPEN.**

### *Camp SOAR parents say:*

“SOAR has benefited our son more and more with each year he has participated -- it's been like building blocks. Every new year, he uses the skills he's gained before.”

“Camp SOAR is the best week of each year for our family! It's been our **ONLY** week of respite each year. My daughter really needed this, not having the spotlight and so much of my resources on her disabled brother. We are happy knowing he is having the time of his life at camp, too!”



### *Camp SOAR counselors say:*

“Being at camp shows me that inclusion is not difficult. It is easy to hang out with, enjoy the company of, and have fun with individuals with disabilities. Camp shows me the beauty of neurodiversity through the myriad of interests and personalities of our campers.”



**LINDA SCHWARTZ, PHD**  
Chief Executive Officer  
**CHILDREN'S RESEARCH TRIANGLE**  
70 East Lake Street, Suite 1300  
Chicago, IL 60601

# Providing **children** and **teens** with **exceptional behavioral health services and Camp Soar**

SAVE THE DATE

## HEROES OF OUR HEARTS GALA

Saturday, November 14, 2026



Give to CRT  
**SCAN THE QR CODE**

